



SANTOSH K.C.

FOUNDER - SAMRIDDHI YOGSHALA



CONTACT



986-3592463



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Tarakeshwor 6, Kathmandu



EDUCATION

PRECIOUS NATIONAL COLLEGE

Mhepi, Manang Gate, Kathmandu, Nepal

Faculty of Management

He has passed the +2 level examination conducted by the HSEB in the year 2071 B.S. (2014 A.D.) and was placed in the Second division. His date of birth according to the school register is 2051/03/01 B.S. (15 June 1994 A.D.)

Registration No. 707684118

Symbol No. 27611436

Date of Issue :- 2071/10/23



SKILLS

- Teaching Yoga & Zumba Dance
- Instruction & Teaching Creativity
- Possess a valid driver's license for Two-Wheeler vehicles, and Four Wheeler light motor vehicles.
- Wellness & Fitness
- Critical Thinking
- Leadership & Management



LANGUAGE

- English
- Nepali
- Hindi



ABOUT ME

I am Santosh KC, an RYT 500-hours certified yoga instructor and the founder of Samridhi Yogshala. I specialize in teaching Ashtanga, Hatha, Vinyasa, and Patanjali Yoga, alongside mindful exercises, deep breathing techniques, Kriyas, and Pranayama. I offer daily yoga classes, both online and in-person, and also conduct comprehensive teacher training courses, healing courses, and Reiki courses.



EXPERIENCE

Certified Yoga Teacher (Shiv Tattva Yog School)

2023-2026

SANTOSH K.C. is an RYT-500 Hours Certified Yoga Instructor, Advanced Sound Healer, and Reiki Master. He trained at Shiva Tattva Yoga School and brings over three years of experience guiding students of all ages, driven by a deep passion for yoga.

(Angels'HomepreSchool - Budhanilkantha, Ktm)

2025-2026

YOGI SANTOSH K.C. teach traditional Yoga practices—including postures, Pranayama, and Meditation—combined with energetic dance movements like Zumba. This fun mix helps students improve their flexibility, physical fitness, and overall well-being.

Samridhi Yogshala

(TeachingHolisticAndComprehensive Yoga Practices)

2026

We Teach Ashtanga, Hatha, Vinyasa Yoga as well as Patanjali Yoga, alongside mindful exercise, deep breathing techniques, kriyas and pranayama. We Offer Teacher Training Courses such as RYT-200 Hours, RYT-300 Hours And RYT-500 Hours Courses, We Offer Sound Healing Training Course From Basic To Advance Sound Healing Training Course And We Offer REIKI Healing Training Courses. We Teach daily yoga classes as well as online classes guide by Certified Yoga Instructor. Our Training programs for stress management, flexibility, and overall wellness and fitness with holistic health approach.



REFERENCES

SAMRIDDHI YOGSHALA

Founder

Email: info@samriddhiyogshala.com

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YOGAWITHSANTOSHKC

Official - Portfolio

Email: info@yogawithsantoshkc.com

Gmail: yoga.with.santosh.kc@gmail.com